

Advait or Ekam
Non-duality or Unity?
28.04.1992

Brahma satyam jagat mithya
Jivo brahmaiva na parah:

Ultimate is true, world illusion too;
 Soul is ultimate and not different, too.

1. Brahma, the ultimate is all and every thing. All things come from it, be in it and merge in it.
2. When there is a truth and also there is an illusion, then there is duality.
3. If Brahma is true and Self is Brahma, then Brahma and Self both are Truth. While there is oneness, non-duality, regarding Brahma and Self still there is illusion, which is called world, which is not Truth. Thus world is something other than Brahma and Self.
4. This is contradictory to statement that Brahma is all and everything.
5. Thus there is no illusion at all. Whatever is there is reality in that state.
6. External physical world is reality when one is aware. Dreams are reality of mind when one is dreaming. Deep sleep is reality when one is sleeping. Consciousness is reality when one is aware, alert and awake.
7. Thus it is real one and only one me, which experiences consciousness, deep sleep, dreaming and wakefulness. They are states. I am the person who experiences those states.

PARADIGM

Brahma Satyam Jagat Satyam
Jivo Bramaiva Naa Parah:

All is Oneness