

Ahimsa Paramo Dharma

Non Hurting Is Supreme Conduct

31.12.1999

This is from Mahabharata, Anushaasana Parva, Chapter 117, where Bhishma tells his final advice to Pandavas about Supreme Dharma.

1. BASIS

Ahimsaa paramo dharmah
Tathaa ahimsa paro dama
Ahimsaa paramam daanam
Ahimsaa paramam tapah

Non hurting is path, ultimate
 Non hurting is control, ultimate
 Non hurting is giving, ultimate
 Non-hurting is penance, ultimate.

All paths, controls, giving and penances are established in non-hurting

3. HIGHEST

Sarva Yagneshu Vaa Daanam
Sarva Thirtheshu Cha Plutam
Sarva Daana Phalam Chaiva
Naitattulyam Ahimsayaa

Sacrifices and giving all
 Pilgrimages, holy bathing all
 Results of offerings, all
 To non-hurting, equal-not at all.

No path for betterment of life
 Is like path of non-hurting.

2. CENTER

Ahimsaa paramo yagnah
Tatthaa himsa papramam balam
Ahimsaa paramam mitram
Ahimsaa paramam sukham
Ahimsaa paramam satyam
Ahimsaa paramam shrutam

Non hurting is sacrifice, ultimate
 Non hurting is strength, ultimate
 Non hurting is friend, ultimate
 Non hurting is truth, ultimate
 Non hurting is happiness, ultimate
 Non-hurting is learning, ultimate.

All sacrifices, strengths, friends, truths, happiness and learning are centered around non-hurting.

4. LOVING PARENT

Ahimsatrasya Tapa Akshayam
Ahimstro Yajate Sadaa
Ahimstra Sarva Bhootaanaam
Yathaa Maathaayadaa – Pithaah

Tempering is infinite for non-hurting one
 People worship the non-hurting one
 For all living beings, non-hurting one
 Is like father and mother, the dearest one.

Non-hurting person is noblest one and is both mother and father for all beings.

PATH-HURT NOT HELP LOT

THIS IS THAT
THIS (AHIMSA) IS THAT (ALMIGHTY)