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IV	III
BLISS	JOY
I	II
PLEASURE	HAPPINESS

Man wants Pleasure Man needs Happiness Man requires Joy Man Recharges with Bliss

Pleasure occurs at Instinct Happiness occurs at Intuition Joy occurs at Intellect Bliss occurs with Inspiration

Body experiences Pleasure Mind experiences Happiness Intellect experiences Joy Self experiences Bliss

Avoid craving for Pleasure Assure spreading Happiness **Ensure sharing Joy** Experience being in Bliss

Avoid spending for Pleasures Assure earning Happiness Ensure investing in Joy Experience value of Bliss

Moving away from Pleasures, Spreading the Happiness, **Sharing Joy** Be in Bliss of self.

THIS IS THAT THIS (BLISS) IS THAT (SUPREME)