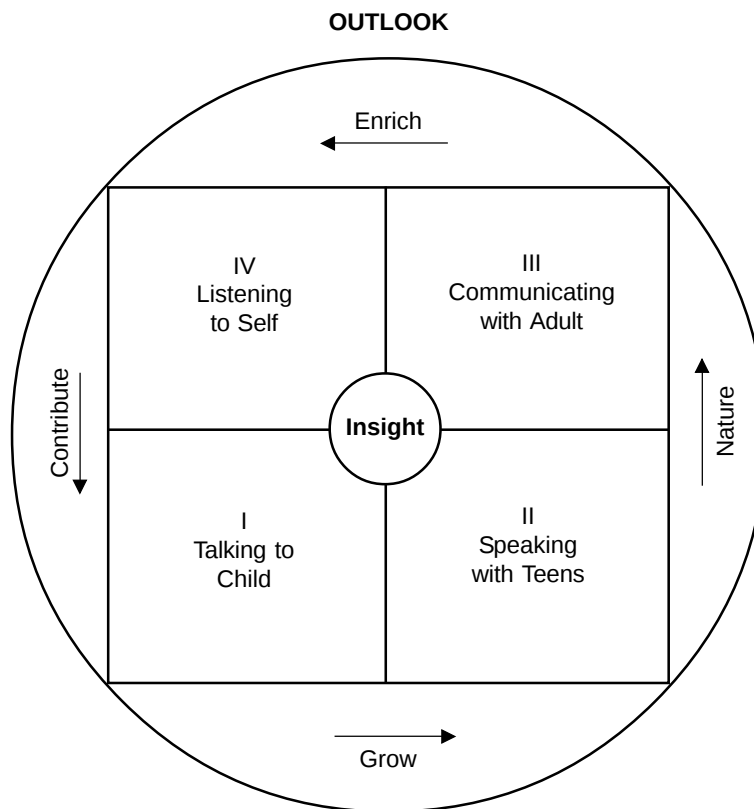


PLAIN TALK

How do you talk to child ? How do you speak to a teenager ? How do you communicate to an adult ? How do you listen to an elder ?

Different words have different meanings to different people. Let us talk about talking to people.



TALKING TO A CHILD

New child is like blank black board with graphic matrix lines drawn. The child has capability to listen, learn and speak.

The development of mind, brain, thought process, perceptions and creativity will depend on the initial learning of language. Language is the link between things of outside world and understanding inside.

Parents are the first, best and most important teachers of child.

Mother is the greatest “GURU” who gives Mother-tongue to child talk. Talk to your child. Teach seeing, recognition, laughing and understanding words.

Make hand and facial gestures while you talk so that he sees expressions and listens to sounds and makes his own impressions of both expressions, things and sounds.

Talk in loving, simple and innovative child language. “Who is this ? ! Who is this ?! — This is Pappa !”. “Say ! Pappa ! Pappa !!”.

First 3 years are most important growing phase of the child. Talk to your child and see his responses. Encourage it. When the child makes sounds respond with happiness and take the child gradually through sounds, words, sentences with subject, object and verbs.

Listen to child. Talk to child. Talk to your child and take it to heights.

SPEAKING WITH TEENS

Speak to the teenagers with full of friendship and love. Let the feelings be expressed in friendly way. Speak to teenagers giving them scope for expressing their own feelings and ideas. Speak with consideration. Speak with recognition. Speak with appreciation.

Speak and listen to them in such a way that their minds are filled with currents of affectionate impressions. Teenage is the time when the youngsters develop and bloom. Communicate with teens in poetry, sketches and drawings.

Speak to teens with intimacy and empathy.
Speak to teens and build sparkling relations.

COMMUNICATING WITH ADULT

Communicate as adult with adult. Give ideas and receive ideas. Give suggestions and receive suggestions. Give questions and receive questions. Give answers and receive answers. Give reason and receive reason. Give understanding and receive understanding. Give respect and take respect. Send letters and receive letters. Give logic and receive logic. Give communications and receive communications. Communicating with adult as adult is maturing into full personality.

LISTENING TO SELF

Listen to your inner self. Speak to yourself. Listen to continuous flow of words, thoughts, ideas and intuitions. Do not neglect your own inner voice. Inner voice is not noise but a signal of divine deep message.

Whatever the inner voice is talking has a context and deep meaning. While reading anything talk to yourself inside silently.

Before giving any presentation or talk prepare yourself by talking to yourself. Self talk strengthens the inner voice. When you do a mistake talk to yourself “Oh ! That was an error”. When you do a good job say to yourself “that was nice”. Observe silence (Maun) at regular intervals and let your inner voice say whatever it wants to say. Keep a positive approach to your inner voice and listen to noble thoughts.

Inner talk is inner life.

OUTLOOK

Your outlook of the world is represented by the way you communicate to children, youth, adult and elders. Communicate appropriately and express your instinct, intuition, intellect and inspiration in an effective way. Understand the child, youth, adult and elder and be in harmony with them.

INSIGHT

You are a child. You are a youth. You are an adult. You are an elder. There is a child, youth, adult and elder in each one of us. When you talk to yourself, understand to which personality inside you, you are speaking.

Give encouragement, love, sharing and respect to different facets of your ownself.

Insight is sighting the inner-self through your thought communications.

THIS IS THAT
THIS (TALK) IS THAT (MESSAGE)