

## Creative Process - Units to Unity

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### CREATIVE PROCESS

#### STAGES:

Creative process is visualising, conceiving, perceiving, picturing and seeing the million possibilities of combining several units into a beautiful, cosmic unity.

Creative process involves stages of improvement, improvisation, renovation, renewal, regeneration and recreation. The stages may occur separately, sequentially, randomly, in groups of two, three, four, five, six, seven or more, combined or all at once. It is necessary to know the stages.

0. Contemplation, profundity, silence and nothingness are origin of creativity.
1. Intensity will lead to illumination and light.
2. Provision of space allows chances of probabilities, liquidity of possibilities and solidity of certainties.
3. Solidifying the ideas is giving shape to things.
4. Combining the light is to throw day light on the subject and to understand the darkness.
5. Giving colours is to provide scope for lively growth below and above and prepare for continued life.
6. Inspiring is giving own spirit to whole creation.
7. Recreation is the withdrawal from doing and returning to deep contemplation.

### CREATIVE PERSPECTIVE - UNITS TO UNITY

Cosmic Unity: Creative process is visualising, conceiving, perceiving, picturing and seeing the million possibilities of combining units into a beautiful, cosmic unity.

0. ORIGIN: Nothing, silence, profundity, deepness, contemplation, formless, outline, surface, spirit, matter, quality, review, approval, pause.
1. WILL: Thought, idea, beginning, illumination, shining, light, darkness, forms, projection, preparation, conception, deliverance, review, approval, pause.
2. SPACE: Above, below, air, water, liquidity, flow, separation, review, approval, pause.
3. SOLID GROUND: Solidity, ground, earth, water, quantification, shapes, plants, growth, review, approval, pause.
4. LIGHT: Heat, coolness, rising, setting, light, darkness, morning, evening, review, approval, pause.
5. COLOURS: Greeting, flying, blue, spring, flowers, fruits, review, approval, pause.
6. LIFE: Personality, spirit, pair, reproduction, totality, completeness, overall view, fulfilment, rest.
7. RECREATION: Nothing.

## **SPIRIT OF CREATIVITY**

### **0. ORIGIN**

Creativity is generation of a wonderful thing out of nothing.

The profound silence, profound nothing, the profound contemplation are foundations for creativity.

There are two aspects, which outline new creativity. The quantity and quality aspects.

The origin of any meaningful creativity is the indication of quantity and quality. Then one is ready for the creative act in more tangible form. The quantity and quality or form and non-form are, at the beginning, only concepts and they take birth in the mind of the creator, whom we call God.

### **1. WILL**

Will is the father of creation and thought is the mother of creation. When thought is fertile and will is energised creativity is ready to begin.

The first will is to get illumination. The spark, the light and the brightness of the concept of creation. The hint and the idea which is in the mind of the creator shines in the form of an expression and there is illumination. When the 'thought' of the 'light' and will of 'let there be light' are fused together there is light causing brightness on the face of the creator and everywhere around him.

Best creativity occurs when consciousness and unconsciousness have their runs in turn in cycle of creative process.

### **2. SPACE**

From the formless nothing to qualitative light the creator has to move to 'liquidity' of potentials for further creation, by creating the space.

The space is the gap between 'liquid' waters below, which are the background for the future solid creation and the 'clouds' of ideas above replenish the 'liquidity' of flow of possibilities below.

### **3. SOLID GROUND**

From liquidity of possibilities the solidity of certainties are to be separated. The process of division and separation in terms of light and darkness, day and night, morning and evening, quantity and quality, and space and liquidity has to continue and now is the stage of separation of liquidity and solidity, so that creation takes a solid shape and is placed on more tangible ground.

### **4. LIGHTS**

Heat, coolness, rising, setting, light, darkness, morning, evening, review, approval, pause

### **5. COLOURS**

The space provided, now, must be filled with colourful combination of bright and cool light and many sparkles of star-like ideas.

The wonder of any creation is the rising and setting of cyclic energy and when the cycle runs with rhythm it is beauty to watch the rising and setting of the lights. Thus the solidity, liquidity and expense are now illuminated with shades of light and another stage of progress is made in the creative process.

## **6. LIFE**

The final and ultimate stage of creativity is when the creator creates some thing in his own image and places his own spirit as the principal element in the creation. This is the process of offering his ownself and owning the creation.

## **7. RECREATION**

The recreation is the preparation stage for the next and higher level of creativity. The silence, non-doing, contemplating and letting the creativity done to sink into the depths of consciousness are the elements of re-in-forcing the process of creativity that is divinity.

## **SUPREME CREATIVITY**

1. Creativity is something new. Perfect creativity need not be from searching but can also be from occurrence.
2. Perfect creating is that which is complete, harmonious, beautiful and satisfying.
3. Generating a wonderful thing from nothing is creativity.
4. First requirement of creativity is will. If you will it will.
5. Creativity is improvement. It is constant and continuous improvement.
6. When something is created next creativity must be built upon the creation already done.
7. Contrast is the key to creativity. Contrast the opposites to form integrated whole.
8. Creation and recreation occur in cycles. After creation recreation and rest. After rest creation.
9. Elements of nature are building blocks for natural creativity.
10. "What next" is the most important question, which is the seed of next stage of creative.
11. Each time something new is created look at it and see what is good and what is not good.
12. Positive feed back of self-evaluation and self-appreciation is the tonic for new creation.
13. Gaps are important in creativity. Identification of gaps and creatively filling them is very important .
14. Join the contrasts like light and darkness, space and gaps, ground, land and water, sun and moon, animals and birds, trees and grass and man and woman to create beautiful creative worlds.
15. Incomplete work is not totally creative work.
16. When the creation is complete there should be a rest and gestation period before next creativity.
17. Think, Think, Think and Think and will and will and will. Thinking and willing are father and mother of creativity.
18. Idea is the child of thinking and willing. Nurture the idea child by admiring and nurturing it.

**THAT IS THIS**  
**THAT (DIVINITY) IS THIS (CREATIVITY)**