

Dependence to Freedom

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The ideas, thoughts, concepts and principles of “Dependence to Freedom” are extension, modulation, presentation, re-presentation of ideas, thoughts, concepts and principles of “Seven Habits of Highly Effective People” by the Master, Thinker and Innovative Author Mr. Stephen R. and a harmonious response to him. It is an effective blend of western & eastern processes.

I. DEPENDENCE: In ignorant areas, depend on knowers

Learning

1. Receive
2. Practice
3. Think to Improve
Standing

SELF CONFIDENCE IS KEY TO LEARNING VICTORY

II. INDEPENDENCE: In confident areas, depend on self.

ACHIEVING

4. Be Proactive
5. Begin with End in Mind
6. Put First Things First

DARING

Self Reliance is Key to Private Victory.

III. INTER DEPENDENCE: In common areas, depend on Group.

Contributing

7. Think Win / Win
8. Seek first to understand
Then to be understood

9. Synergise
SHARING

SELF OFFERING IS KEY TO PUBLIC VICTORY

IV. SUPPORTING: For overall victory, support each.

TRAINING

10. Think Overall
11. Begin with Other's needs
12. Enjoy others' success

CARING

SELF HARMONY IS KEY IN OVERALL VICTORY.

V. SHARPENING THE SAW: To keep fit, sharpen the saw.

RENEWAL

- 13. Self Study
- 14. Doing different things
- 15. Relaxing

RECHARGING

SELF GRINDING IS KEY FOR SHARPENING THE SAW.

VI. SIPHONING THE SEA

REACHING IN

- 16. Silence
- 17. Contemplation
- 18. Meditation

OPTIMALITY

SURRENDERING IS THE WAY TO SIPHON IN-SEA.

