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## **Endeavour Towards Super Personality** Shri Aadi Shankaraachaarya's Saadhana Panchakam 07.06.1988

वेदो नित्यमधीयतां तदुदितं कर्म स्वनुष्ठीयतां तेनेशस्य विधीयतामपचितः काम्ये मतिस त्यज्यताम पापौधः परिधूयताम् भव-सुखे दोषोऽनुसंधीयतां आत्मेच्छा व्यवसीयतां निजगृहात् तूर्ण विनिर्गम्यताम्

- 1. Acquire knowledge, do not stop, Knowledge can make you top.
- With that knowledge you do work, 2. You can contribute through your work.
- 3. With devotion you do that work, Devotion makes that, a divine work.
- 4. Desires can drive you hard, Master desires, life not hard.

- Evil intentions cause the grief, Good will best, that's in brief.
- Easy pleasures result in pain, Prefer the thrift, you can gain.
- Analyse self, understand self, You know all, if you know self.
- Ignorance areas identify first, Ignorance binds, you know just.

संगः सत्स् विधीयतां भगवतो भक्तिर दुढाधीयतां शांत्यादिः परिचीयतां दृढतरं कर्माश् संत्यज्यताम् सदविद्धान उपसुप्यतां प्रतिदिनं तत्पाद्के सेव्यतां ब्रह्मेकक्षरमर्थ्यतां श्रृति-शिरोवाक्यं समाकर्ण्यताम

- 9. Good company, must cultivate you, Good company is best for you.
- 10. Have a faith in ultimate force, Ultimate force is unending source.
- 11. Within yourself find your peace, Avoid becoming many a piece.
- 12. Work is sense of selflessness, Selfishness is self-harm-ness.

- 13. Approach a teacher who can teach, With teacher's help you can reach.
- 14. With devotion offer service to him, Serving teacher is serving HIM.
- 15. Follow the teacher with full faith, Come what may, keep the faith.
- 16. Always listen to great sayings, "Listening is art", for human beings.

वाक्यार्थश्च विचार्यतां श्रुति-शिरःपक्षः समाश्रीयतां दुस्तर्कात् सुविरम्यतां श्रुतिमतस् तर्कोञ्नुसंधीयताम् ब्रह्मास्मीति विभाव्यतां अहरहर् गर्वः परित्यज्यतां देहेऽहं-मातिरुज्इयतां बुधजनैर् वादः परित्यज्यताम्

- 17. First understand what is said, "Understanding is key", it is so said.
- 18. Then you practise what is heard, With practice flies, in sky bird.
- 19. Reach agreement with wise ones Avoid argument with wise ones.
- Contemplate on, what is heard,In practice experience what is heard.

- 21. "I am excellence", you must think, You become that, what you think.
- 22. You be humble, each is great, With pride is one never great.
- 23. Beyond the body you must rise, Body is vehicle, so said wise.
- 24. Do not argue for argument sake, See the point, for truthness sake.

क्षुद्व्यधिश्च चिकित्स्यतां प्रतिदिनं भिक्षौषधं भुज्यतां स्वाद्धन्नं न तु याच्यतां विधीवशात् प्राप्तेन संतुष्यताम् शीतोष्णादि विषद्यतां न तु वृथा वाक्यं समुच्चार्यतां औदासीन्यमभीप्स्यतां जन-कृपानैष्ट्र्यमृत्सुज्यताम

- 25. This body is wonderful one, Keep it fit, as useful one.
- 26. You just eat whatever came, Do not be after eating game.
- Taste can cause lot of waste,
   Avoid waste by mastering taste.
- 28. Be contented in whatever comes,
  Do not crave for what never comes.

- 29. Be neutral and see each side,Do not jump to take one side.
- 30. Be engaged in useful talk, Excess talk is useless talk.
- 31. Do not group as 'this and that', See both views and see truth fact.
- 32. Do not depend on other's grace, Interdependence is greatest grace.

एकांते सुखामास्यतां परतरे चेतः समाधीयतां पूर्णात्मा सुसमीक्ष्यतां जगदिदं तद्बाधितं दृश्यताम् प्राक्कर्म प्रविलाप्यतां चिति-बलात् नाप्युत्तरैः शिलष्यतां प्रारब्धं त्विह भुज्यतां अथ परब्रह्मात्मना स्थीयताम्

- 33. Keep privacy and be at peace, Be alone and be at ease.
- 34. In 'that' ultimate join your mind, Self-equanimity you can find.
- Reach and see your full self,
   Within you shine, excellent self.
- 36. World is created by that self, World is splendour of that self.

- 37. Merge the work in that self,
  Then work is worship of full self.
- 38. Future works, dedicate to self, Blemish is nil, with offering to self.
- 39. Take responsibility for all your deeds, Responsibility removes guilt of deeds.
- 40. Reach ultimate and you ever be there, You are excellence Excel every where.