

1. Eternal truths tell about which,
Essence of true wisdom is which;
Dakshinatmurti's energy light,
Be guide to me to be on path; bright.
2. Self nonself are aspects two,
Enjoyer, enjoyable are those two;
Ultimate is self Body not too,
This is eternal truth for you.
3. Knowledge, ignorance are aspects two,
For self, freedom bondage, cause these two;
Knowledge, freedom ignorance bondage too,
This is eternal truth for you.
4. Happiness, grief are aspects two,
Pleasure and pain cause this two;
Ultimate is happiness world; grief too,
This is eternal truth for you.
5. Macro, Micro are forms two,
Accepted by all are these two;
Lord is Macro soul, micro too,
This is eternal truth for you.
6. Knowledge and work are aspects two,
Essence and doer are for those two;
Knowledge gives freedom not work too,
This is eternal truth for you.
7. To be heard, not to be heard are aspects two,
Happiness, grief cause these two;
To be heard is ultimate, supreme too,
This is eternal truth for you.
8. Thinkable, unthinkable are aspects two,
Peace, restlessness cause these two;
Ultimate is thinkable none other too,
This is eternal truth for you.

9. To be concentrated and not are aspects two,
Meditation, wavering cause these two;
Ultimate to be cost centered on none other too,
This is eternal truth for you.
10. For seeker enjoyer, any of two,
For detached or attached person too;
With knowledge sure liberation true,
This is eternal truth for you.
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61. In soul and ultimate no difference is,
Considering consciousness no difference is;
Consciousness is beyond size, very true,
This is Eternal truth for you.
62. In soul and ultimate no difference is,
Considering joy no difference is;
Joy is beyond the size, very true,
This is Eternal Truth for you.
63. In soul and ultimate no difference is,
Considering name, form no difference is;
Name and form are illusion, true,
This is Eternal Truth for you.
64. In soul and ultimate no difference is,
In egg, cosmic egg no difference is;
Micro, Macro but same these two,
This is Eternal Truth for you.
65. Ultimate is reality, world illusion too,
Soul is ultimate, nothing else, true;
Is liberated in life, this knows who,
This is Eternal Truth for you.
66. Without name and form, sure, all is,
Existence, consciousness full, supreme all is;
Where is difference, where bondage too
This is Eternal Truth for you.
67. THATNESS is missing in material world,
Name, form deform in material world;
Same child is called as youth, old, true !
This is Eternal Truth for you.
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85. THAT is support-less, self supporting one,
Supports all, THAT ultimate one;
Universal support is THAT, true,
This is Eternal Truth for you.
86. Nothing to think, nothing to do,
All is ultimate, remember you;
In place of self bliss ever stay you,
This is Eternal Truth for you.
87. Illuminated and ignorant two,
Are bound by own work, true;
Illuminated is ever joyful too,
This is Eternal Truth for you.
88. Knower is never disturbed one,
With what to be done, not to be done;
He knows all as THAT self, true,
This is Eternal Truth for you.
89. Work touches not illuminated one,
For illusionary body work is none;
Then, no work touches THAT self too,
This is Eternal Truth for you.
90. Let eternal truth glow and glow,
Let harmony of self flow and flow;
Let purified ones blow this sound,
Let Dakshinamurti grace that sound.
91. Oh ! where is delusion now,
Self is ultimate, no fear now;
“Shruti” declares clearly that,
Wonderful “Shruti” is sound THAT.